

To whom it may concern;

As an individual or organization involved with senior women and interested in their well-being, we invite you to participate in a new event put on by Family Services of Central Alberta called *Sharing Wisdom*. This event takes place on **June 21st**, 2010 from 8:30am until 3:30pm at Crossroads Church.

The goal of *Sharing Wisdom* is to purposefully and consciously honour the gifts of all senior women and to strive to provide for their needs and well-being through this event. We hope to provide opportunities for attendees to connect with other women in their community and identify ways that they can contribute and find purpose. One of our presenters, registered family therapist and registered nurse Maureen Osis, will be speaking on “Aging with Purpose”. Maureen is also the founder of the group *Elder Wise* and specializes in counselling older adults and their families.

If you are interested in participating in or supporting this event, you will find information attached regarding sponsorship levels as well as a registration form to become a vendor in the resource fair. As a vendor, you will have the opportunity to display information about your organization for the women attending to view throughout the day. As with any event, we are also recruiting volunteers if you prefer to donate your time.

Sharing Wisdom hopes to see 250 senior women attend from across Central Alberta. Admission is free and transportation will be provided at no charge to those requiring it.

With your help, senior women across Central Alberta will have the opportunity to attend this event to connect with others to reduce social isolation and to benefit their overall health and well-being.

Should you have any questions, or for more information on this event, please contact our office at (403) 343-6400 or refer to our website at www.fscA.ca

Thank you in advance for your help promoting this event and making a difference in the lives of senior women in our area.

Sincerely,

Laurie Whitaker
Sharing Wisdom and Home Support Coordinator
Family Services of Central Alberta